



NAMI Suicide Prevention Train-the-Trainer for Young Adults

Join us for a **two day, 12 hour** training co-facilitated by young adults, specifically for young adults, ages 18-25!

April 5, 2019 & April 6, 2019

8:30am-4:30pm

8:30am-12:30pm

Rivier University - Nashua, NH

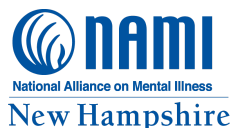
After this training, participants will be able to:

- ✓ **Recognize** the stigma associated with behavioral health issues and how it prevents people from seeking help
- ✓ **Identify** signs of behavioral health risk, be able to openly talk with people about your concerns and connect them to resources
- ✓ **Understand** how mental health and substance misuse issues can increase suicide risk in an individual
- ✓ **Increase awareness** of behavioral health resources, including treatment and recovery

REGISTER at: <http://bit.ly/2019YALTraining>



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For any questions, please contact Nicole Viau at viaun@nashuanh.gov or (603) 589-4508.

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